

Induction scheduled Date:\_\_

\_Time: \_\_

# **FITNESS MEMBERSHIP FORM**

PERSONA	L DETAILS					
Title: ☐ Mr ☐ Miss ☐ Ms ☐ Mrs ☐ Other			her	Date of Birth://		
First Name:				Surname:		
Postal Address:				Post Code:		
Mobile: Phone:			Email address:			
Emergency Contact:				Phone:		
Members	hip Type					
Casual:	Youth/Conce	ssion $\square$	Adult			
Concession	: Monthly				1 Year	
Full:	Monthly				1 Year	
=	ss an administration				. All membership fees paid will be es the client may have utilised prior to	
there is no napplication fagree to obsam on the phold the Shicaused. I acknowledge	nedical reason what for membership. I ac serve and be bound I remises (or its surro re of Coolgardie (or knowledge that this	soever that could be knowledge that I h by should my appli- unds) both my pro its employees) liab is a binding legal ag	ne regarde nave receive cation be a perty and le for any greement	d as a re red and r accepted my perso personal and shall	plete medical questionnaire) and that striction on or an impediment to my read the Terms and conditions of which I I. I acknowledge that during such times I on shall be at my own risk and I will not injury or loss of property however I not be cancelled by me. I acknowledge out the consent of the Shire of	
of maintena	_	vents. In the instar	nce where	these ev	time to time and be disrupted as a result, rents are less than five consecutive days, I ing these events.	
Acknowledg	ement of Terms and	Conditions on rev	erse pages	(Initial):	:	
SIGNATURE	: (if under 18 yrs. of	age, Parent/Guard	dian to co-	sign)		
Members Si	gnature:				Date://	
Parent/Guar	rdian Signature (if ap	plicable):				
OFFICE USE ON Staff Initial: Staff Initial:	Date:	Photo ID sighted: Yes/I Card Issued NEW: YES	NO Staff In	itial: vation: YE	Date: ES / NO Membership Expiry Date:	

\_ Trainer signature:



### TERMS AND CONDITONS OF MEMBERSHIP

## **GENERAL**

- Memberships are issued in individual names and are strictly for individual use only.
   Identification will be asked for and random checks will be made by Centre staff. Any membership found to be inappropriately used will be cancelled immediately and NO REFUND issued.
- 2. Members may not allow entry to any other person(s), either known or unknown to the member. Any breach of access attendance by a member will result in the membership being cancelled immediately and NO REFUND issued. Further suspension from the centre may be applied.
- Concession memberships are offered only to Health Care Card or Government Seniors Card holders or Full Time Students only and at the discretion of the Shire of Coolgardie.
- 4. "Youth" refer to members 12-17 years of age. To purchase a Youth CASUAL membership a parent or guardian 18 years + must be present to sign the consent form.
- 5. Access to the facility will be determined by your membership type. Youth members have restricted limited access and 18 years + will have full access to 24/7.
- 6. Persons **12 years to 15 years** may attend the gym/fitness class and MUST be supervised, at all times, by a qualified trained staff member!
- 7. Persons **16 years -17 years** may attend the gym/fitness class, and MUST be supervised, at all times, by an adult or guardian over **18** years+.
- 8. The Shire of Coolgardie is committed to the Fitness Industry Code of Practice and all items within it. Inductions by qualified staff will be conducted at commencement of membership and followed up every 6 months.
- 9. Memberships are **NOT REFUNDABLE** or **TRANSFERRABLE**.
- 10. To **CANCEL** a membership, each member must provide a minimum 14 days' notice and administration fees will apply.
- 11. All members agree to join the Shire of Coolgardie membership e-mail contact list and consent to receive from time-to-time information and offers regarding the Centre's activities. Members wishing to 'opt out' of this service may do so by advising facility staff in writing.
- 12. No person under the influence of alcohol or drugs is permitted within the Shire of Coolgardie facilities.
- 13. One membership card will be issued per member.
- 14. Lost or misplaced cards will be replaced at a cost of \$30.00 per card.

## MEMBER CODE OF CONDUCT

- 1. Take all actions reasonably possible to provide a safe training environment.
- 2. No smoking, food, or drink (other than water bottles/water cooler) is permitted in the gym or group fitness spaces.
- 3. Remove no equipment from the gym.



- 4. Sweat towels are compulsory when using the gym.
- 5. Always use a separate towel for hygiene purposes and wipe equipment after use.
- 6. If you are on your own, or the last person in the gym, leave safely. Let someone else know if you are training. This is important if you are training alone and outside of normal business hours.
- 7. Lifters must use collars on every set and must not drop weights on the floor.
- 8. Lifters must use spotters on all moderate to heavy sets.
- 9. Replace all weights and do not leave weights on the floor as this is a safety risk.
- 10. When the gym is busy you are required to share equipment and adhere to any time limits placed or directions by staff.
- 11. Gym users must always adhere to dress code.
- 12. Please always wear body deodorant.
- 13. Ensure doors are secure as you leave.

#### MEMBER DRESS CODE

- 1. You must be dry and clean before entering the gym.
- 2. Covered athletic shoes must be worn with laces tied, always.
- 3. No work boots are to be worn in the gym at any time.
- 4. Lower body clothing: athletic shorts, tights, or aerobic outfits.
- 5. Upper body clothing: T-shirts, singlets, sweatshirts.
- 6. Athletic hats are acceptable.
- 7. Prescription glasses are permissible. NO sunglasses permitted UNLESS suitable medical evidence provided.
- 8. Any jewellery that may possibly injure a user, including rings and necklaces are not permitted.
- 9. Small earrings and items that cannot inhibit or injure a user are permitted.

KCRC GYM / FITNESS CLASSES									
AGE	MEMBERSHIP	GYM	FITNESS CLASS	SESSION ACCESS TIMES					
12-15 YEARS		STAFF ONLY	STAFF ONLY	Supervised Sessions Monday 5pm-6pm School Holidays Tues & Thurs 1pm-3pm					
16 -17 YEARS		SUPERVISION PARENT/GUARDIAN 18 YRS+	SUPERVISION PARENT/GUARDIAN 18 YRS+	Age Session Access 6am-9pm					
18+ YEARS		NO	NO	24 Hr Access					

<sup>\*</sup>Youth Session times may vary due to staff availability.